

swipe

7

Lessons  
a night  
with

Tom Cruise

taught me





**Swipe**

**1**

# **Trusted relationships are invaluable**

**The power and value of close and trusted relationships, in both a personal and professional context are never to be underestimated.**





**Swipe**

**2**

# **There's no time for complacency**

**Even when you've been repeatedly told you're a high performer and you're the best in the business, there's always another level and more to learn.**

**Always.**



**Swipe**

**3**

# **Don't be easily defeated**

**If rules prohibit you from reaching your goals, don't let this be what defeats your mission. Be courageous and challenge them!**



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**“Don’t think,  
just do!”**



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5

## Be a supporter

It's not your place to underestimate and therefore block other people from reaching their potential. You may have a view about their capability but you have no way of knowing what someone else can achieve. So rather than hold them back, look for ways to support others.





**Swipe**



**6**



# **Organisational hierarchy doesn't determine your worth**

**Being higher up in the chain of command  
at work does not make someone a better  
or more important person than anyone  
else at work.**

**Everyone is equally worthy.**



**Swipe**

**7**

# **I love date nights!**

**A date night at the cinema with my husband to see Tom Cruise in Top Gun Maverick was so much fun!**

**If you've not seen it yet I highly recommend it!**





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