

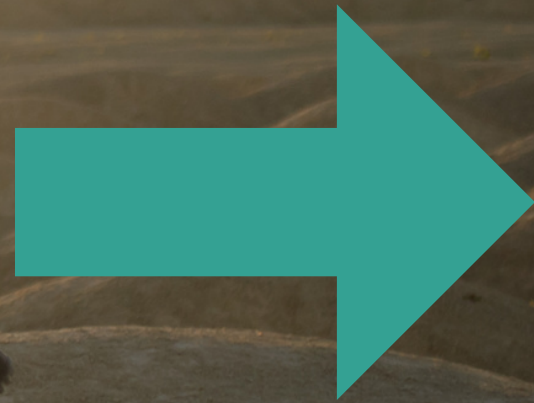


## **3 things a Full Body Thai Massage and Coaching have in common**



**Power Your Potential //**

1/3



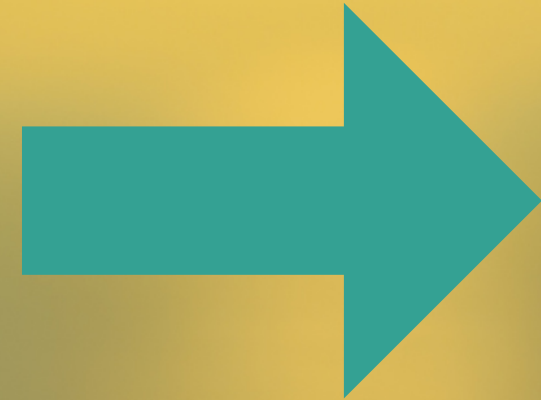
**Both relieve tension in places  
you didn't even realise you  
had tension!**

# 2/3

**Both can make  
you feel  
uncomfortable  
during a  
session but you  
always leave  
feeling better  
than when you  
arrived**



**3/3**



**Both are fantastic investments  
in self care**

**Power Your Potential //**

**Let me know  
whether you  
agree!**

*Rach x*



**Power Your Potential //**